

HELENA EFLEROVÁ

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Helena Eflerová is a professional multidisciplinary artist who employs direct dialogue between artist and viewer, utilising physical engagement and non-verbal language as communication. Her Fine Art Masters Degree research explored the fusion of underwater live performance, video installation and human prenatal theories by combining five disciplines: Live Art, Butoh, Prenatal/Peri-natal Psychology, Bio-science and Apnea.

Eflerová has shown work in universities, art galleries, off-site, non-gallery/heritage and site-specific environments. Acquiring numerous commissions and exhibitions in the UK and abroad including: 'Trimester' at Para Haus Contemporary Art Exhibition (Parallel to the São Paulo Art Biennial, São Paulo, Brazil 2010); 'Hunter/Hunted' at Mottisfont (National Trust and Arts Council England 2012); 'Anima/Animus' at Winchester Cathedral (10 days Winchester Creative Collisions and Arts Council England 2013); 'Faces' at Portsmouth Historic Dockyard (The Portsmouth Festivities, National Royal Navy Museum and Arts Council England 2014) and 'Embodied Vistas' at A.P.T. Gallery and GalleryMuse (Arts Council England 2014).

SELECTED SOLO AND GROUP EXHIBITIONS/PERFORMANCES/COMMISSIONS

- 2015 Live performance with dance and poetry **Lunar Walk**, in collaboration with Hugh Greasley, 10 days 2015 CHALK, Winchester Cathedral, Winchester.
- Live durational performances **Ecclesia/Synagoga**, Buckland United Reformed Church and Portsmouth Cathedral, Portsmouth.
- Live performance **Slip Silueta**, The TeaPoet Collective, Romsey TeaPoet Café, Rum's Eg, Romsey.
- 2014 Group show **End**, photographic prints **Embodied Vistas**, Gallery Muse, Petersfield.
- Screening **Faces** and artist talk **Silent Voices**, Aspex Gallery, Eldon Building University of Portsmouth, Portsmouth.
- Screening **Faces**, Making Waves Film Festival, Portsmouth.
- Screening **Faces**, Declaration of War, Big Screen Portsmouth Guildhall Walk, Portsmouth.
- Solo exhibition **Embodied Vistas** in collaboration with Kye Wilson, single-channel video installation, live performance **Slip Silueta and Poetry**, workshop **Mark making in clay (ceramics)**, artist talk, Gallery Muse, Petersfield.
- Screenings **Faces**, Portsmouth Festivities: Aspex Gallery, Big Screen Portsmouth Guildhall Walk, Kings Theatre, Portsmouth, Portsmouth City Museum, Portsmouth Guildhall, National Museum of Royal Navy at Portsmouth Historic Dockyard, Portsmouth.
- Workshops **Faces**, Portsmouth Festivities: **Portrait of Ancestors (ceramics)**, **Family Tree (scrapbooking)**, **WW1 Poetry and Play (dance)**, National Museum of Royal Navy at Portsmouth Historic Dockyard, Portsmouth.
- Commission (including Arts Council England) **Faces** in collaboration with Kye Wilson, live performance with audience participation for camera, large outdoor video installation, Portsmouth Festivities: Starboard Arena, Portsmouth Historic Dockyard, 2014, Portsmouth.
- Solo exhibition **Anima/Animus**, video installation, live performance **Ecclesia**, photographic prints, artist talk, Info Tourist Centre Osek Gallery, Osek Cistercian Monastery, Czech Republic.
- Solo exhibition **Embodied Vistas** in collaboration with Kye Wilson, split-screen video installation, live performances **Seven Clay Pieces** and **Performance in Deptford Creek**, community participatory workshops **Creek Silueta**, **Mark making in clay paper scroll and poster** and **Slip Silueta**; artist talk and Twitter debate, A.P.T. Gallery, London.
- Site-specific performances **Embodied Vistas: Seven Performances in Deptford Creek: Walk Across, Bird Dance, Under the Bridge, Mirror, Suspended, Balance on the Rock, Silueta Trace**, Creekside Discovery Centre, London.
- Residency **Loopart13** 6 months, group exhibition, **Last one to leave turn out the lights**, live performance **Single clay piece**, Fair Charm Studios, London.
- Screening **Hunter/Hunted**, Imaginal Fiction curated by Alanna Simone, MIA, the Armory, Pasadena and Comfort Station, Chicago.
- Group exhibition **Aesthetica Art Prize Anthology**, publication and screening **Entrapment of the o/Other**, York St Mary's, York Art Gallery, York.

- Photographic prints **Trimester**, Recovery exhibition, Institute of Mental Health, Nottingham.
- 2013 Commission **Anima/Animus** in collaboration with Kye Wilson, 10 days Winchester Creative Collisions, curated by Angela Peagram and Sophie Hacker, includes Site-specific video installation, artist talk **If Stones Could Speak**, workshop **Portraits in ceramic**, Winchester Cathedral, Winchester.
- Screening **Hunter/Hunted**, BYOB (Bring Your Own Beamer), Moving Image Festival, Bargehouse, London.
- Screening **Hunter/Hunted**, MADATAC (Madrid Festival of Contemporary Audio-Visual Arts), Madrid, Spain.
- Live performance **Entrapment of the o/Other**, Anti-Angels: The Medieval Other Exhibition, Hungate Medieval Art, St Peter Hungate Church, Norwich.
- Solo exhibition **Trimester revisited**, White Elephant Gallery, Portsmouth.
- Screening **Hunter/Hunted**, Lipovka Art, Teplice Czech Republic.
- Screening **Hunter/Hunted**, Outside In: National, Pallant House Gallery, Chichester.
- Live durational performance with audience participation **Sweet Pea**, in collaboration with Lizzie Jones, Southampton.
- 2012 Screening **Hunter/Hunted**, FIVA Buenos Aires - Festival Video Art International, Buenos Aires, Argentina
- Live performance **Peasant**, Guerrilla Zoo Modern Panic III, curated by James Elphick, London.
- Commission/Performance **Dead Calm**, Sigur Rós Music Video, directed by Neil Hunt and Kye Wilson, Portsmouth.
- Commissioned/Photographs and Video **Trimester in Acquabox**, in collaboration with Maurizio Manciola/Acquabox, Para Haus Contemporary Art exhibition, São Paulo, Brazil.
- Commission/Site-specific installation **Hunter/Hunted & Patrick Litchfield: The Polaroids**, in collaboration with Kye Wilson, Mottisfont, Romsey.
- 2011 Commission/Performance **Self [Other]**, directed by Kye Wilson, The Point Barracks, Old Portsmouth.
- Commission/Performance **Entrapment of the o/Other**, directed by Kye Wilson, The Round Tower, Old Portsmouth.
- 2010 Screening **Trimester**, Dead Season Live Art, The Substation Project Space, Margate.
- Commission/Underwater live performance **Trimester in Acquabox** in collaboration with Maurizio Manciola, Para Haus Contemporary Art Exhibition (Parallel to the São Paulo Art Biennial), São Paulo, Brazil.
- Photographic prints **And today not yet**, in collaboration with Hugo Gladdening, Plymouth Art Centre, Plymouth.
- Commission/Performance **And today not yet**, commissioned by the Performance Re-enactment Society at The Pigs of Today are Hams of Tomorrow Performance and Live Art symposium, The Slaughterhouse, Royal William Yard, Plymouth.
- Performance **T-Land**, Guerilla Zoo Panic Manifesto, curated by James Elphick, The Old Abattoir, London.
- Single-channel video installation **Trimester**, in collaboration with Kye Wilson, The10th Annual Free Range Art & Design Show, London.
- Photographic prints **Trimester**, Holding Time, curated by Darshava Vora, Bhavan Art Centre, London.
- Screening **Trimester**, CCI Channel, University of Portsmouth, Portsmouth.
- 2009 Advisor/assistant **Unsettled-Beautiful**, directed by Kye Wilson, MADATAC (Madrid Festival of Contemporary Audio-Visual Arts), Madrid, Spain.
- Live performance **T-Land**, Stranger Things Are Happening, Aspex Gallery, Portsmouth.
- Live performance **T-Land**, in collaboration with musician and composer Nick Moore, curated by Katherine Fry, the 15 min Factory festival, Brick Lane London.
- Commission/Performance **Bodies in Urban Spaces**, directed by Willi Dorner, commissioned by the Radar Art Centre, Loughborough University.
- Durational live performance **T-Land** in collaboration with DJ Jonty, Mash up festival, curated by Dr Trudy Barber and Ed Woodruffe, Space Gallery, University of Portsmouth, Portsmouth.
- Sculptural video installation **Trimester** in collaboration with Kye Wilson, Space Gallery, University of Portsmouth, Portsmouth Film Festival, Portsmouth.
- Single-channel video installation **Trimester**, Masters Degree Show, Winchester School of Art.
- Multi-disciplinary installation **Happy Days**, Transition exhibition, curated by Rita Parente, the Bargehouse, London.
- Solo exhibition **Helena Eflerová**, Student Union Project Space in the Winchester School of Art.

- 2008 Commission/Live performance **T-Land**, the Gloaming launch event, commissioned by Kye Wilson, the John Pounds Centre, Portsmouth.
 Site-specific live performances **T-Land** and **Blanc Canvas**, screening **Happy Days** film, Funked on the fort Spitbank fort, Portsmouth.
 Live performance **Blanc Canvas**, Sound Seminar, Lass Graduate conference, University of Southampton, Southampton.
 Single-channel video installation **Trimester**, in collaboration with Kye Wilson, Portsmouth.
 Site-specific Installation **T-Land**, The View, commissioned by Winchester City Council.
- 2007 Site-specific outdoor installation **Dropping Colours from the Graze Line**, commissioned by the Carbon Foot Print, public event painting the village green in Brockenhurst, New Forest.
 Site-specific performance and installation **Harvest Season**, commissioned by Daniel Crow, Director of a space (Bargate Monument Gallery); Seth Kriebel, Director of Rules and Regs; and Art Vaults, Southampton.
 Screening **Happy Days**, SBA Homecoming OPEN at the Grant Bradley Gallery, Bristol.
 Single-channel installation **Happy Days**, Sherborne House OPEN, Sherborne House, Dorset.
- 2006 Site-specific installation **T-Land**, Welsh Graduate Showcase at the Exposure Gallery, Swansea.
 Open Graduate Show **Happy Days**, Open Show, curated by Karen McKenzie, the Glyn Vivian Gallery, Wales.
 Single-channel video installation **Happy Days**, Bachelor Degree Show, West Wales School of Art.
 Site-specific installation **T-Land**, Minutes of the Clay Bothers exhibition, West Wales Centre for the Crafts, St Clears.
 Site-specific sculptural installation and exhibition **Origin and Belonging**, curated by Helena Eflerová, Parallel to the National Eisteddfod of Wales, Old Carlton Cinema, Swansea.
- 2004 Collective live performance **Sound Sculptures**, facilitated by Derek Shiel Oriel, Henry Thomas Gallery.
 Site-specific installation **Venus**, An Artist's Dozen exhibition, commissioned by the Begelly Park Gardens, Kilgetty.

EDUCATION

- 2010 Diploma Art Therapy, British Association of Art Therapist, London.
 2009 MA Fine Art sculpture, University of Southampton, Winchester School of Art.
 2006 BA Fine Art ceramics, West Wales School of Art.

PRIZES/AWARDS/COLLECTIONS

- 2015 Award **Ecclesia/Synagoga** project, Grants for the Arts, Arts Council England.
 2014 Collection **Embodied Vistas** (photographic prints limited edition), Gallery Muse, Petersfield.
 Award **Embodied Vistas** project, Grants for the Arts, Arts Council England (main collaborating artist/community engagement).
 Collection **Trimester** (photographic print on foam board), Auction ART/Converters 2014, Studio1-1Gallery, London.
- 2013 Collection **T-Land** (photographic print on silk), Nelly Globe Gallery, Annual Auction of Artwork, Stockport.
 Award **Anima/Animus** project, Grants for the Arts, Arts Council England.
- 2012 Award **Hunter/Hunted** project, Grants for the Arts, Arts Council England (main collaborating artist/community engagement).
- 2009 Award **Trimester** (film), Kino Foundation – Awards for All, Portsmouth.
- 2006 Collection **T-Land** (two photographic prints), Jeni Williams, Auction of Artwork, Asylum Justice c/o YMCA, Swansea.
 Prize **Happy Days** (film), Best Graduate Prize at the Glyn Vivian Gallery, Swansea.

PUBLICATIONS

- The Journal of Writing and Creative Practice (JWCP) special edition: Place-based Arts, co-edited by Dr. Kate Aughterson, Mary Anne Francis and Dr. Jess Moriarty, 2016.
 Place, Space and Self: Site-Responsive Art in a Globalised World, Dr Jeni Williams, University of Wales: Trinity Saint David, November 2015.
 Lunar Walk anthology by Hugh Greasley.

Embodied Vistas anthology by Hugh Greasley.

Understanding what Ecclesia/Synagoga Is, Stella Bahin, June, 2015.

ANIMA/ANIMUS, The quest of WE for transformation: a slippage of selves in the spaces of time, Dr Jeni Williams, November, 2014.

The Space between Body and Place 'Embodied Vistas' by Kate Davey, August 7, 2014.

Embodied Vistas by Allan Taylor, September 8, 2014.

Faces by Graham Brown, June 2014.

Entrapment of the o/Other, Aesthetica Art Prize 2014, 100 Contemporary Artists, 2014, Aesthetica Magazine Ltd 2014.

Anima/Animus, 10 days Winchester Creative Collisions Broadsheet, Winchester School of Art, University of Southampton, October 2013.

Animate/Inanimate: The Reanimated Ghosts of Anima/Animus by Allan Taylor, October 31, 2013.

Trimester in Acquabox, Studies in the Maternal Volume 4, Issue 1, Birkbeck University of London, April 2012.

Unsettled Entrapment of the Beautiful o/Other in Unified Spaces: a short essay on the conceptual works of Kye Wilson, Dr Trudy Barber FRAS FHEA, School of Creative Arts, Film and Media, University of Portsmouth, September 2011.

The Liminal Zones of Helena Eflerová, critical essay by Simon Morley, November 2009.

Trimester Underwater Live Performance and Video Installation, Helena Eflerová and Kye Wilson, September 2009.

Artists leave their footprint on Forest: Installation artist Helena Eflerová, Sally Adams and Helena Tinker, Bournemouth Echo, 2007.

On the Edge: Margins and edges might be forgotten by most of us, but they're far from being just blank spaces, Sarah Jane Downing, Big Issue August 2007.

Wooly art at Waterstone's: exhibition artist Helena Eflerová, Kay Byrne, South Wales Evening Post, August 2006.

Art that's a bit out of the ordinary: Swansea Open 2006 Glyn Vivian Art Gallery, Kay Byrne, South Wales Evening Post, August 2006.

The National Eisteddfod of Wales: Helena Eflerová's Art Installation, Susie Wild, Platform Issue 10, Wales, August 2006.

Art is Smart Carmarthen: Czech ceramicist and performance artist Helena Eflerová, Susie Wild, Buzz, May 2006.

Venus: Helena Eflerová interviewed by Susie Wild, Platform Swansea, Wales, June 2005.